



Arlene's January 2026 K-8 Lunch Menu

<p>5 Chicken Tenders WG Chicken Tenders (3 = 2m, 1wg) 13 Baked Beans (3/4c) 45 Goldfish Pretzels (1wg) 16 Apple (1/2c) 25 Choc/White Milk (1c) 19/13</p>	<p>6 Meatballs & Mashed Potatoes Meatballs (6 = 2m) 13 Mashed Potatoes (3/4c) 24 Beef Gravy 4 WG Roll (1wg) 16 Orange (1/2c) 8 Choc/White Milk (1c) 19/13</p>	<p>7 Teriyaki Chicken w Rice Popcorn Chicken (10 = 2m) 19 Rice (1/2c = 1oz) 29 Teriyaki Glaze (2 tbsp) 9 Sliced Cucumbers (3/4c) 3 Banana (1/2c) 18 Fortune Cookie 4 Choc/White Milk (1c) 19/13</p>	<p>8 Spaghetti & Meatballs Spaghetti Pasta (1/4g) 30 Marinara (1/4r) 6 Meatballs (6 = 2m) 8 WG Roll (1wg) 16 Carrot Sticks (1/2c) 0 Pineapple (1/2c) 10 Choc/White Milk (1c) 19/13</p>	<p>9 Turkey Pepperoni Pizza Turkey Pep Pizza (2m/2wg) 33 Broccoli (3/4c) 5 Cheez-Its (1wg) 14 Banana (1/2c) 18 Choc/White Milk (1c) 19/13</p>
<p>12 Chicken Patty on WG Bun WG Chicken Patty (2m/1wg) 13 WG Bun (1.75wg) 25 Corn (3/4c) 21 Graham Crackers (0.5wg) 11 Craisins (1/2c) 28 Choc/White Milk (1c) 19/13</p>	<p>13 Taco Tuesday Ground Beef Crumbles (0.5m) 1 Refried Beans (3/4c) 36 Cheddar Cheese (1m) 0 WG Nacho Chips (1wg) 19 Cantaloupe (1/2c) 8 Choc/White Milk (1c) 19/13</p>	<p>14 Pancakes & Sausage Turkey-Sausage Links (2 = 2m) 1 Eggo Pancakes (2 = 2wg) 30 Syrup Cup 29 Sliced Cucumbers (3/4c) 3 Banana (1/2c) 18 Choc/White Milk (1c) 19/13</p>	<p>15 Chicken Pasta Alfredo Penne Pasta (1/4g) 30 Grill Chicken Strips (3oz= 2m) 19 Alfredo Sauce 6 WG Roll (1wg) 16 Broccoli (3/4c) 5 Apple (1/2c) 25 Choc/White Milk (1c) 19/13</p>	<p>16 Bosco Sticks Bosco Sticks (2 = 2m/2wg) 33 Marinara Pack (2 = 1/4r) 8 Graham Crackers (0.5wg) 11 Carrot Sticks (1/2c) 0 Orange (1/2c) 8 Choc/White Milk (1c) 19/13</p>
<p>19 MLK Day</p>	<p>20 Beef Hot Dog & Tater Tots Beef Hot Dog (2m) 12 WG Bun (1.5wg) 21 Tater Tots (12 = 3/4c) 24 Apple Crisps (1/2c) 10 Choc/White Milk (1c) 19/13</p>	<p>21 Orange Chicken w Rice Popcorn Chicken (10 = 2m) 19 Rice (1/2c = 1oz) 29 Zesty Orange Sauce (2 tbsp) 17 Sliced Cucumbers (3/4c) 3 Banana (1/2c) 18 Fortune Cookie 4 Choc/White Milk (1c) 19/13</p>	<p>22 Meatball Sub Meatballs (6 = 2m) 8 Marinara (1/4c) 6 WG bun (1.5wg) 21 Carrot Sticks (1/2c) 0 Graham Crackers (0.5wg) 11 Pineapple (1/2c) 10 Choc/White Milk (1c) 19/13</p>	<p>23 Turkey Pepperoni Pizza Turkey Pep Pizza (2m/2wg) 33 Broccoli (3/4c) 5 Bear Cracker (1wg) 21 Banana (1/2c) 18 Choc/White Milk (1c) 19/13</p>
<p>26 Chicken Chili Taquito Chicken Taquito (1=2m,2wg) 24 Corn (3/4c) 21 Graham Crackers (0.5wg) 11 Apple (1/2c) 25 Choc/White Milk (1c) 19/13</p>	<p>27 Taco Tuesday Ground Beef Crumbles (0.5m) 1 Refried Beans (3/4c) 36 Cheddar Cheese (1m) 0 WG Nacho Chips (1wg) 19 Orange (1/2c) 8 Choc/White Milk (1c) 19/13</p>	<p>28 Chicken Corn Dog Chicken Corn Dog (2m/1wg) 13 Goldfish Pretzels (1wg) 16 Broccoli (3/4c) 5 Apple Crisps (1/2c) 10 Choc/White Milk (1c) 19/13</p>	<p>29 Chicken Pasta Alfredo Penne Pasta (1/4g) 30 Grill Chicken Strips (3oz= 2m) 19 Alfredo Sauce 6 WG Roll (1wg) 16 Sliced Cucumbers (3/4c) 3 Banana (1/2c) 18 Choc/White Milk (1c) 19/13</p>	<p>30 Bosco Sticks Bosco Sticks (2 = 2m/2wg) 33 Marinara Pack (2 = 1/4r) 8 Graham Crackers (0.5wg) 11 Carrot Sticks (1/2c) 0 Pineapple (1/2c) 10 Choc/White Milk (1c) 19/13</p>
			<p><i>Carbs listed for each item in blue font. Fresh fruits and vegetables may vary due to availability. Please check with your lunch server daily.</i></p>	<p><i>Chef, Taco, Buffalo Chicken and Southwestern Salad option available every day.</i></p>