



Arlene's May 2025 K-8 Lunch Menu

<p><i>Carbs listed for each item in blue font. Fresh fruits and vegetables may vary due to availability. Please check with your lunch server daily. Salad entrée option every day, served with juice and milk</i></p>	<p><i>Sides - Fruits and Vegetables listed by group and measured in cups.</i></p> <p><i>Chef, Taco, Buffalo Chicken and Southwestern Salad option available every day.</i></p>		<p>1 Chicken Corn Dog Chicken Corn Dog (2m/1wg) 13 Cheez-Its (1wg) 14 Corn (3/4c) 21 Honeydew (1/2c) 8 Choc/White Milk (1c) 19/13</p>	<p>2 Bosco Sticks Bosco Sticks (2 = 2m/2wg) 33 Marinara Pack (2 = 1/4r) 8 Graham Crackers (0.5wg) 11 Carrot Sticks (1/2c) 0 Peach Fruit Cup (1/2c) 21 Choc/White Milk (1c) 19/13</p>
<p>5 Beef Hot Dog & Tater Tots Beef Hot Dog (2m) 12 WG Bun (1.5wg) 21 Tater Tots (12 = 3/4c) 24 Ketchup 3 Apple (1/2c) 25 Choc/White Milk (1c) 19/13</p>	<p>6 Taco Tuesday Ground Beef Crumbles (0.5m) 1 Refried Beans (3/4c) 36 Cheddar Cheese (1m) 0 WG Nacho Chips (1wg) 19 Orange (1/2c) 8 Choc/White Milk (1c) 19/13</p>	<p>7 Chicken & Waffles WG Chicken Tenders (3 = 2m/1wg) 13 Eggo Waffles (2 = 2wg) 28 Sliced Cucumbers (3/4c) 3 Berry Fruit Cup (1/2c) 21 Choc/White Milk (1c) 19/13</p>	<p>8 Spaghetti & Meatballs Spaghetti Pasta (1/4g) 30 Marinara (1/4r) 6 Meatballs (6 = 2m) 8 WG Roll (1wg) 16 Carrot Sticks (1/2c) 0 Pineapple (1/2c) 13 Choc/White Milk (1c) 19/13</p>	<p>9 Turkey Pepperoni Pizza Turkey Pep Pizza (2m/2wg) 33 Broccoli (3/4c) 5 Cheez-Its (1wg) 14 Banana (1/2c) 18 Choc/White Milk (1c) 19/13</p>
<p>12 Chicken Tenders WG Chicken Tenders (3 = 2m, 1wg) 13 Baked Beans (3/4c) 45 Goldfish Pretzels (1wg) 16 Craisins (1/2c) 34 Choc/White Milk (1c) 19/13</p>	<p>13 Hamburger Patty on WG Bun Hamburger Patty (2m) 1 WG Bun (1.75wg) 25 Corn (3/4c) 21 Graham Crackers (0.5wg) 11 Ketchup 3 Honeydew (1/2c) 8 Choc/White Milk (1c) 19/13</p>	<p>14 Teriyaki Chicken w Rice Popcorn Chicken (10 = 2m) 19 Rice (1/2c = 1oz) 29 Teriyaki Glaze (2 tbsp) 9 Celery Sticks (3/4c) 3 Banana (1/2c) 18 Fortune Cookie 4 Choc/White Milk (1c) 19/13</p>	<p>15 Sloppy Joe Sloppy Joe Beef (2m, 1/4r) 16 WG Bun (1.75wg) 25 WG Sport Crackers (1wg) 19 Carrot Sticks (1/2c) 0 Orange (1/2c) 8 Choc/White Milk (1c) 19/13</p>	<p>16 Bosco Sticks Bosco Sticks (2 = 2m/2wg) 33 Marinara Pack (2 = 1/4r) 8 Graham Crackers (0.5wg) 11 Broccoli (3/4c) 5 Berry Fruit Cup (1/2c) 21 Choc/White Milk (1c) 19/13</p>
<p>19 Chicken Nuggets WG Chicken Nuggets (5 = 2m, 1wg) 13 Green Beans (3/4c) 6 WG Roll (1wg) 16 BBQ Sauce 5 Apple (1/2c) 25 Choc/White Milk (1c) 19/13</p>	<p>20 Taco Tuesday Ground Beef Crumbles (0.5m) 1 Refried Beans (3/4c) 36 Cheddar Cheese (1m) 0 WG Nacho Chips (1wg) 19 Orange (1/2c) 8 Choc/White Milk (1c) 19/13</p>	<p>21 Breakfast for Lunch Turkey-Sausage Links (2 = 2m) 1 Tater Tots (12 = 3/4c) 24 Cheddar Cheese (1m) 0 Bear Cracker (1wg) 21 Ketchup 3 Melon (1/2c) 18 Choc/White Milk (1c) 19/13</p>	<p>22 Meatball Sub Meatballs (6 = 2m) 8 Marinara (1/4c) 6 WG bun (1.5wg) 21 Carrot Sticks (1/2c) 0 Goldfish Crackers (1wg) 14 Berry Fruit Cup (1/2c) 21 Choc/White Milk (1c) 19/13</p>	<p>23</p>
<p>26 NO SCHOOL</p>	<p>27</p>	<p>28</p>	<p>29</p>	<p>30</p>

MENU SUBJECT TO CHANGE
 MENU CONTAINS MILK, EGG, WHEAT AND SOY PRODUCTS; ALLERGEN INFO INCLUDED ON BACK OF DAILY DELIVERY SLIP
 NO PORK, PEANUTS OR FISH PRODUCTS SERVED AT ANY TIME
 THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER